

Requirements and Terms & Conditions

We welcome guests from all walks of life but there are several points to consider before joining this expedition.

You do not need any previous outdoor experience, we provide everything to stay safe and warm but this is a real adventure. This expedition is designed to be a challenge.

For many guests, it is their first time dog sledding, however, a moderate to high level of fitness is required to participate. Dog sledding is a physically demanding sport. It requires balance, stamina and some strength.

The expedition leads us into remote and mountainous areas and we experience a variety of terrain. You will need to work as part of the team and help the dogs, especially uphill! There will be some running, pushing and scooting with the sled.

We cover long distances, meaning standing on the sled for long periods of time, with only short breaks (approximately 6 hours per day).

Overall, it is an active and hands-on trip. To join, you must be capable to set up camp, walk in heavy snow, tend to your dogs and be actively involved. Guides are there to help you but most of the work is done by you.

Please consider the below requirements in assessing your suitability to join this trip.

Requirements:

- General physical fitness.
- Ability to jog/run uphill.
- A good balance and mobility.
- A tight grip.
- A level of strength to hold onto the sled and use the brake.
- Ability to walk in heavy snow.
- Ability to set up a tent solo.
- Able to stand for long periods of time.
- Happy to eat and drink on the go.
- Positive and resilient attitude.

Please note, that once the expedition has started there is extremely limited options to end early, unless it an emergency or deemed absolutely necessary.

We head to very remote areas in the Arctic wilderness which are not accessible by road or close to settlements. At many points, it is unfeasible to opt out once we have begun.

If there is an option at the time and you wish to end the trip early then you will not be entitled to a refund and will incur extra costs to cover the logistics. This will include hiring a driver and snowmobile for a day, prices starting from 3000 NOK.

Please note how difficult it is to arrange this and it is not something we consider lightly, it would affect the group and itinerary. This is something to be aware of when considering your ability to book this expedition.

We strongly recommend that you have insurance to cover medical evacuation, baggage loss and to take part in 'adventure sports' including dogsledding. It can be wise to also insure against incidents such as air strikes or delayed travel.

Terms & Conditions

- The final payment of the expedition must be paid at least **6 weeks** prior to the trip. The deposit is non-refundable.
- Reservations are only confirmed once the deposit has been paid.
- Weeklong expedition bookings must be cancelled **at latest 30 days prior to departure** to be eligible for a refund (minus the deposit).

Cancellations made **60 days** prior to departure are eligible for a full refund of the remainder of the payments (minus the deposit).

Cancellations made **30 to 59 days** prior to departure are entitled to 50% refund of the remainder of the payments (minus the deposit) .

Cancellations made less than **30 days** prior to departure are not eligible for a refund.

- Arctic Adventure Tours holds the right to change or modify the itinerary in the case of unsuitable or unsafe conditions.
- The minimum age for this activity is 15 years old. Under 18s need to be accompanied by an adult.
- Participants need their own private travel insurance which covers outdoor activities.
- Participants must disclose any medical/health conditions that could impact their ability to participate in the expedition. Failure to do so could result in being asked to leave the group.
- The expedition is unsuitable for pregnant women, people with back pain and those with mobility issues.
- The expedition is undertaken at the risk of the participant and they acknowledge they have considered any potential risks to their health and safety. Arctic Adventure Tours require that you confirm your assumption of this responsibility by completing the participation waiver prior to departing on the expedition.
- Participants must meet requirements laid out by Arctic Adventure Tours to join the expedition.
- Participants must understand that the location and environment where the expedition takes place means it is unfeasible to opt out once we have begun, unless it is an emergency. Participants will incur extra costs if they wish to end the trip without it being deemed absolutely necessary. This will include hiring a driver and snowmobile for a day, prices starting from 3000 NOK.
- The hotel on the final night is at the expense of the participants and it is their responsibility to secure accommodation for this date.
- The meal on the the final night is at the expense of the participant.
- The participant must agree to Arctic Adventure Tours terms & conditions to participate.

By signing this, you agree that you have read and understood the requirements of the expedition, deem yourself capable to participate and accept to the terms and conditions given by Arctic Adventure Tours.

Signed: _____

Print Name & Date: _____